

RESOURCE GUIDE

The Bridge Project is New York City's first guaranteed income program. Launched in June 2021 by The Monarch Foundation, The Bridge Project is designed to support low-income mothers in New York City during the first 1,000 days of their children's lives by providing them with consistent, unconditional cash on a biweekly basis. The Bridge Project currently serves mothers across the New York City neighborhoods of Harlem, Washington Heights, Inwood, the South Bronx, and Central Bronx.

Regardless of whether you are a part of our program or just passing through, this resource guide is meant to provide a list of support services and programs for all mothers living in The Bridge Project's target neighborhoods.

The resource list spans a variety of services and programs, specifically:

- Direct services: includes prenatal support, early childhood focused organizations, benefits assistance, financial coaching, and more
- Healthcare: includes clinics that accept Medicaid and educational information
- Material goods: includes organizations providing baby items such as diapers, formula, and wipes
- Food: includes access to free food through food banks, greenmarkets, and more

This list is not comprehensive and will continue to be updated, refreshed, and added to. As always, feel free to reach out to us at anytime at info@bridgeproject.org.



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to access The Bridge Project's resource guide

